



October 2024 ADULT PROGRAMS

Tuesday, Oct. 1st, 8th, 15th, 22nd & 29th - 9 AM – QIGONG –Jay Umble leads the practice of this ancient system of coordinated body-posture and movement, breathing, and meditation. \$5 weekly fee.

Wednesday, Oct. 2nd - 1 PM – ART FOR ADULTS, Part 2 of 2 -students will continue to explore both wet and needle felting, under the guidance of our Artist/Instructor, Sara Miller.

Wednesday, Oct. 2nd – 6 PM – FALL GARDENING WORKSHOP – Penn State Master Gardener Mary Ellen Mahan will help you figure out what to do with your dead and dying plants, whether to leave the leaves, and other gardening tasks to get ready for the winter.

****NEW**Thursday, Oct. 3rd, 10th, 17th, 24th & 31st – 12:30PM – CHAIR YOGA WITH LINDA ZOGAS**
- expect to breathe, meditate, lengthen your muscles, ease & strengthen your joints, all from your chair! No getting up and down from the floor! Linda will build on the moves for you to notice improvement & allow you to continue at home through the holidays! \$15/session, \$96 for the 8-week series; a portion of the fee benefits the Wyomissing Library. No mats necessary.

Saturday, Oct. 5th, 12th, 19th & 26th- 10 AM - CHESS FOR ALL – Whether you're new to the game or have been playing for a while, join us on Saturdays from 10 AM till 1 PM. All ages are welcome to drop in and play in the Main Reading Room.

Wednesday, Oct. 9th – 6 PM-7:30 PM– AMERICAN SCRIPTURE PROJECT – Join us for an in-depth look at some of our nation's most important documents as we read them closely and discuss their implications. Rabbi Brian Michelson will lead the monthly discussions. Emma Lazarus' poem, "The New Colossus," will be the subject of tonight's program.

Thursday, Oct. 13th – 6 PM – BE PRESENT: MINDFULNESS WORKSHOP FOR ADULTS – Tania Hollos leads this workshop to help us deal with everyday stressors & create moments of calm. This month, the emphasis will be on "letting go." Each participant will receive a journal and a pen. There is a \$10 workshop fee.

Monday, Oct. 14th, Oct. 28th – 2 PM – if you like **SCRABBLE**, come join us at the library from 2-4 PM! Boards and tiles provided.

Monday, Oct. 14th – 6-7:30 PM – MID-CENTURY MODERN -Jay Umble will lead a discussion about mid -20th century modern architecture including homes, office buildings and public space.

Tuesday, Oct. 15th – 5:30 PM – PENNSYLVANIANS FOR MODERN COURTS: a primer on *Veterans Court* – what is it, who is it for, how does it affect us?

Wednesday, Oct. 16th – 6 PM – WPL BOOK CLUB – The Hidden Roots of White Supremacy & the Path To a Shared American Future by Robert B. Jones, a leading scholar and commentator on religion, culture, and politics.

Tuesday, Oct. 22nd - 4:30 PM - ANIME CLUB - – If you like anime, join **Neil Rush**; watch anime, discuss what you've seen – style, story, etc.

Wednesday, Oct. 23rd – 6 PM – (Censored) BOOK CLUB – This month we're reading ***FLAMER***, a graphic novel, by Mike Curato. Join us for the conversation.

Saturday, Oct. 26th – 1PM-4PM – GIANT Pharmacy & the Wyomissing Library are partnering to offer free flu vaccines and covid vaccines at the library. Other vaccines will be by request and interest should be expressed prior to the event. Individuals MUST bring ID & Insurance card, and will be required to fill out an “informed consent” form prior to receiving the vaccinations.

Tuesday, Oct. 29th – 4:30 PM – THE STORY OF HOLOCAUST SURVIVORS ESTHER & SIDNEY BRATT, told by their great-granddaughter, Leah Leisawitz. Suitable for ages 10 +.

Wednesday, Oct. 30th – 6 PM – WEDNESDAY NIGHT MOVIE – “DAVE” starring Kevin Kline & Sigourney Weaver. An uncanny Presidential look-alike is recruited as a stand-in for the President of the United States. Rated PG-13; running time 1 hr 50 min.

UNITED HEALTHCARE IS OFFERING MEDICARE EDUCATION SEMINARS AT THE WYOMISSING PUBLIC LIBRARY ON THE FOLLOWING DATES:

SATURDAY, Oct. 5th – 10 AM
SATURDAY, OCT. 12TH, 10 AM
WEDNESDAY, OCT. 16TH, 6 PM
WEDNESDAY, OCT. 23RD, 6 PM
SATURDAY, OCTOBER 26TH, 10 AM
MONDAY, OCTOBER 28TH, 10AM

TO REGISTER FOR ADULT PROGRAMS, EMAIL ANN@WYOPUBLIB.ORG OR CALL THE LIBRARY AT 610-374-2385.