

MARCH, 2025 ADULT PROGRAMS

WOMEN'S HISTORY MONTH – MOVING FORWARD TOGETHER!

Saturday, Mar. 1st, 8th, 15th, 22nd, 29th - 10 AM - CHESS FOR ALL – Whether you're new to the game or have been playing for a while, join us on Saturdays from 10 AM till 1 PM. All ages are welcome to drop in and play in the Main Reading Room.

Monday, Mar. 3rd – 6 PM – The *2025 GREAT DECISIONS* series begins this evening; tonight's topic is **AMERICA AT A GLOBAL CROSSROADS**, with Michelle Mart, PhD, from Penn State University. Registration for Great Decisions is required.

March 10th, -4:30-6PM - The Evolution of US Leadership in the Global Economy

March 24th – 4:30-6PM - India, Between China, the West, & the Global South

March 31st – 4:30-6PM -The Future of NATO & European Security

Tuesday, Mar. 4th, 11th, 18th, 25th - 9 AM – QIGONG –Jay Umble leads the practice of this ancient system of coordinated body-posture and movement, breathing, and meditation. \$5 weekly fee.

Thursday, Mar. 6th, 13th, 20th, 27th – 12:30 PM – **CHAIR YOGA with LINDA ZOGAS** - expect to breathe, meditate, lengthen your muscles, ease & strengthen your joints, all from your chair! Linda will build on the moves for you to notice improvement & allow you to continue at home. Blocks and straps are provided. Chair Yoga is offered as a community service by Linda and the library; there is no charge to you.

Thursdays – Mar. 6th, 13th, 20th, 27th – 6 PM - STRETCH & FLOW with MADDIE HERTZOG - **Stretch & Flow** is your gateway to balance, strength, and serenity. This practice seamlessly integrates breathwork, stretching, and mindful movement to release tension, enhance flexibility, and cultivate inner calm. Suitable for all levels.

To register: www.maddiehertzog.com; \$15 per class; \$65 per 5 class plan; \$120 per 10 class plan

Friday – Mar. 7th, 14th, 21st, 28th - 9 AM – **ADULT YOGA FOR EVERYONE** – with **LINDA ZOGAS**. End your week with some Vinyasa Yoga poses, stretches and meditation. \$15 per class – a portion of the class fee benefits the library.

SATURDAY, MARCH 8TH - INTERNATIONAL WOMEN'S DAY -a global day commemorating the social, economic, cultural, and political achievements of women

1PM – NAACP Reading Branch President Wynton Butler will introduce **AFRICAN-AMERICAN INVENTORS**: who they are, what they invented and how their inventions changed our world.

Monday, Mar. 10th, 24th – *1PM* note new time! - SCRABBLE – join us for this always popular board game, and test your word skills! Boards and tiles provided, but you're welcome to bring your own.

Monday, Mar. 10th – 6:15 PM – JANE AUSTEN BOOK CLUB – We're reading Sense and Sensibility, Jane Austen's first published novel. Join us for a lively discussion!

-OVER-

March, 2025

p.2

Tuesday, Mar.11th & 25th - 4:30 PM - ANIME CLUB - – If you like anime, join **Neil Rush**; watch anime, discuss what you’ve seen – style, story, etc.

Wednesday, Mar. 12th & 19th - 1 PM– ART FOR ADULTS – Join Artist Sarah Miller to explore the world of fiber. Class is limited to 15 people, and the cost is \$20, payable on or before Feb. 18th.

Wednesday, Mar. 12th – 6 PM-7:30 PM– AMERICAN SCRIPTURE PROJECT – Join us for an in-depth look at some of our nation’s most important documents as we read them closely and discuss their implications. Rabbi Brian Michelson will lead the discussion about “Mr. Gorbachev, Tear Down This Wall,” President Ronald Reagan’s address at the Berlin Wall in June, 1987. What did it mean for the United States, and for the West?

Saturday, Mar. 15th - 1 PM - BULLFROG FILMS –“**Home of the Brave**” – This critically acclaimed film examines the case of Viola Liuzzo, the only white woman murdered during the Civil Rights movement. Running time:75 minutes.

Tuesday, Mar. 18th – 5:30 PM – PENNSYLVANIANS FOR MODERN COURTS: **Judicial Ethics & Discipline in Pennsylvania.**

Wednesday, Mar. 19th – 4:30 PM – BRIDGE FOR ALL – whether you’re new to this popular card game or have been playing for a while, try your hand with other players!

Wednesday, Mar. 19th - 6PM – WPL BOOK CLUB – This month’s selection is **The God of the Woods** by Liz Moore.

Thursday, March 20th – FIRST DAY OF SPRING!!!

Saturday, March 22nd – 1 PM – A COMMUNITY CONVERSATION: WHAT ROLE SHOULD RELIGION PLAY IN PUBLIC EDUCATION? – Attorney Donald Smith, Michelle Mart, PhD, and area teacher Christopher Daubert lead the discussion.

Wednesday, Mar. 26th – 6 PM – (CENSORED) BOOK CLUB- Gentleman’s Agreement, by Laura Z. Hobson – a novel written in 1947 about “genteel” anti-Semitism in post WWII New York.

TO REGISTER FOR ADULT PROGRAMS, EMAIL ANN@WYOPUBLIB.ORG OR CALL THE LIBRARY AT 610-374-2385.

If you, or someone you know, can’t get to the library, sign up for HOME DELIVERY! if you live in our service area (Wyomissing, Wyomissing Hills & West Reading) and are not able to get to the library, we’ll be happy to come to you!

For more information, visit our website (www.wyopublib.org) or call the library at 610-374-2385.