

COMMUNITY PROGRAMS JANUARY 2020

All programs are open to the public at no charge, unless otherwise noted.

- WED., 1/1 NEW YEAR'S DAY—The library will be closed all day. Happy New Year to you and yours!
- **THURS., 1/2****6 PM**—**YOGA FOR EVERYONE**—Unwind your body and your mind with Vinyassa yoga,
led by Instructor Amy Sharkey. \$12/class or 10 classes for \$100. ****every Thursday
- MON., 1/6 6 PM—MONDAY NIGHT AT THE MOVIES—"ECHO IN THE CANYON" A documentary about the roots of the music scene in California, featuring the music of The Byrds, The Beach Boys, Buffalo Springfield, and The Mamas and the Papas. Rated PG-13; 82 minutes
- WED., 1/8 *****11:30 AM**—Meet new friends, sharpen your mind and join in the fun of *MAH JONGG*, the ancient Chinese tile game. *******every Wednesday
- WED., 1/15 6 PM—WPL BOOK CLUB—This month's selection is <u>CLIMATE OF HOPE: HOW CITIES, BUSINESSES &</u> <u>CITIZENS CAN SAVE THE PLANET</u>, by Michael Bloomberg and Carl Pope. If you've read the book, come to the library and join the discussion.
- SAT., 1/18 1 PM—THE 1619 PROJECT—The Berks InterCultural Alliance hosts a discussion of the landmark study by The New York Times and the Pulitzer Organization about the arrival of the first slaves in the Colony of Virginia in 1619, and what that has meant to every aspect of the history of this country. John Morgan, President of BICA, will be the moderator.
- MON., 1/20 Martin Luther King, Jr. Day
- WED., 1/22 5:30 PM—MOVIE NIGHT—ALL THE WAY-starring Brian Cranston, this film version of the Broadway hit play tells the behind-the-scenes story of LBJ's first year in office following the Kennedy Assassination. Rated TV-14; running time 2 hours 12 minutes
- SAT., 1/2510 AM—ASK AN ARBORIST—With the exception of evergreens, all the trees look dead!Are they? Learn how to take care of your trees in winter, with Mark and Phyllis McLaughlin.
- MON., 1/27 6 PM—AFTER YOU'RE GONE, Part 1—Writer Bruce Posten will explore the world of obituaries: how to write your own or someone else's, information to include and what to consider leaving out. There will be homework!
- WED., 1/29 6 PM—INTRODUCTION TO *QIGONG*—Practitioner Jay Umble will guide you through this gentle moving practice that promotes the healing of mind and body. Wear comfortable clothing; no special equipment is needed.

